

1989 Region 1A Championship at Stewartville, June 2 & 3, 1989

Teams: Zumbrota-Mazeppa 78, Wabasha-Kellogg 48, Stewartville 45, Elgin-Millville 38, Lewiston-Altura 37, Pine Island 35, Chatfield 31, Rushford/Peterson/Houston 30, Winona Cotter 30, Byron 22, Plainview 22, LaCrescent 17, Kasson-Mantorville 14, Preston-Fountain/Harmony 12, Dover-Eyota/St Charles 12, Rochester Lourdes 12, Lake City 12, Waseca 10, Kenyon-Wanamingo-West Concord 8, Lanesboro 7, Blooming Prairie 4, Hayfield-Dodge Center 3.

100

1 David VaWalsteijn, Lewiston/A	11.39
2 Greg Ryan, Zumbrota-M	11.51
3 Dan Tentis, Wabasha-K	11.59
4 Ralliegh Engel, Plainview	11.64
5 Mike McNeill, Kasson-M	11.67
6 John Dahl, Preston-F/H	11.75

200

1 David VaWalsteijn, Lewiston/A	22.71
2 Ralliegh Engel, Plainview	23.16
3 John Dahl, Preston-F/H	23.41
4 Mike McNeill, Kasson-M	23.47
5 Eric Henderson, Rushford/P/H	23.61
6 Chris Wondra, Blooming Pr	23.96

400

1 Chris Heppding, Chatfield	50.76
2 Nate Dodd, Stewartville	51.68
3 Eric Henderson, Rushford/P/H	52.16
4 Rob Love, Preston-F/H	52.28
5 Jon Urban, Zumbrota/M	52.43
6 Darin Baumberger, Zumbro/M	52.58

800

1 Jared Bruggeman, LaCrescent	2:02.01
2 Sean Sundberg, Byron	2:02.69
3 Kent Anderson, Stewartville	2:04.21
4 Joe Haag, Waseca	2:04.51
5 Dave Edwards, Winona Cotter	2:05.19
6 Cory Hall, Lanesboro	2:07.54

1600

1 Mahdi Omar, Winona Cotter	4:26.13
2 Dave Edwards, Winona Cotter	4:27.78
3 Erick Bothum, Elgin-Millville	4:28.41
4 Chago Navarro, Roch Lourdes	4:28.45
5 Kent Anderson, Stewartville	4:34.84
6 Mario Armstrong, Hayfield-DC	4:34.96

3200

1 Mahdi Omar, Winona Cotter	9:44.66
2 Chago Navarro, Roch Lourdes	9:49.71
3 Eric Miller, Zumbrota-M	9:54.01
4 Erick Bothum, Elgin-Millville	9:54.75
5 Jim Parry, Stewartville	9:54.79
6 Joel Baardseth, LaCrescent	10:18.28

High Hurdles

1 Leigh Hartert, Wabasha-K	15.19
2 Corey Meurer, Wabasha-K	15.34
3 Dave Baumann, Rushford/P/H	15.54
4 Ryan Steffenhagen, LaCrescent	15.69
5 Scott Taylor, Lanesboro	16.31
6 Jason Vorlicek, Blooming Pr	16.50

Intermediate Hurdles

1 Jon Kirtz, Zumbrota-M	39.25
2 Dave Bauman, Rushford/P/H	39.37
3 Leigh Hartert, Wabasha-K	40.32 q
4 Mike Karlen, Pine Island	40.46
5 Mike Ferguson, Chatfield	41.65
6 Joel Ingvalson, Blooming Pr	42.50

4x100 Relay

1 Wabasha-K (C. Meurer, B. Rodeeghier, L. Hartert, D. Tentis)	44.49
2 Kasson-M	44.81
3 Lewiston-A	45.63
4 Zumbrota/M	45.63
5 Rushford/P/H	46.19
6 Stewartville	46.24

4x400 Relay

1 3:25.73 (D. Baumberger, J. Urban, J. Kirtz, G. Ryan)	3:25.73
2 Wabasha-K	3:30.37
3 Stewartville	3:30.86
4 Lake City	3:34.39
5 Elgin-M	3:36.49
6 Rushford/P/H	3:38.96

Sprint Medley Relay

1 Chatfield (M. Scheible, C. Heppding, M. Ferguson, D. Daniels)	3:38.25
2 Stewartville	3:40.26
3 Elgin-M	3:40.75
4 Lake City	3:42.16
5 Lewiston-A	3:46.99
6 Preston/F/H	3:47.47

* Ties Meet Record

** New Meet Record

q= qualified by standard

Shot Put

1 Jay Standing, Plainview	53-5
2 Doug Rath, Byron	51-0
3 Shayne Maker, Chatfield	50-6
4 Ryan Murray, Pine Island	49-6 ½
5 Glen Roeder, Dover-E/SC	49-6 ½
6 Kirk Carlson, Lewiston-A	47-0

Discus Throw

1 Glen Roeder, Dover-E/SC	147-5
2 Aaron Ferguson, Stewartville	145-11
3 Doug Rath, Byron	139-6
4 Mark Holmen, Lanesboro	138-0
5 Ryan Murray, Pine Island	137-6
6 Gabe Lane, Chatfield	137-3

Long Jump

1 Mike Karlen, Pine Island	21-9 ¾
2 Jon Kirtz, Zumbrota-M	21-1 ¼
3 David Wright, Elgin-M	20-5 ¾
4 Josh VandeBerg, LaCrescent	20-4 ¼
5 Greg Ryan, Zumbrota-M	20-2 ¼
6 Travis Thorn, Rushford/P/H	20-2

Triple Jump

1 Tom MacDonald, Zumbrota/M	42-7 ½
2 Gunar Gossard, Kenyon-W-WC	42-6 ¼
3 Mike Karlen, Pine Island	42-6
4 David Wright, Elgin-M	42-1
5 Josh VandeBerg, LaCrescent	41-1 ¾
6 Pete Kleinschmidt, Pine Island	40-7

High Jump

1 Jon Kirtz, Zumbrota-M	6-4
2 Pete Kleinschmidt, Pine Island	6-2
3 Pat Sinn, Waseca	5-10
4 Brian Hatlevig, Rushford/P/H	5-10
5 Nate Larson, Hayfield-DC	5-8
6 Kyle Thompson, Blooming Pr	5-8

Pole Vault

1 Amis Kroening, Elgin-M	12-3
2 Charles Strom, Lewiston-A	11-6
3 Brad Stiller, Zumbrota-M	11-6
4 Mike Buri, Stewartville	11-0
5 Derek Daniels, Chatfield	11-0
6 Randy Lexvold, Zumbrota-M	11-0

Notes: